

MODULE SPECIFICATION PROFORMA

<b>Module Title:</b>	Supervised Trainee Counselling Placement (1)	<b>Level:</b>	5	<b>Credit Value:</b>	40
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<b>Module code:</b>	COU517	<b>Is this a new module?</b>	Yes	<b>Code of module being replaced:</b>	COU513
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<b>Cost Centre:</b>	GASC	<b>JACS3 code:</b>	B940
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<b>Trimester(s) in which to be offered:</b>	1,2	<b>With effect from:</b>	September 16
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<b>School:</b>	Social & Life Sciences	<b>Module Leader:</b>	Jackie Raven
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Scheduled learning and teaching hours	77 face to face
Guided independent study	263
Placement Clinical supervision	Max 5 client contact hours per week variable (50 est) Min 1.5 hours per month contracted to occur fortnightly. (10 est)
<b>Module duration (total hours)</b>	400

<b>Programme(s) in which to be offered</b>	Core	Option
Diploma of Higher Education Counselling	<input checked="" type="checkbox"/>	<input type="checkbox"/>

<b>Pre-requisites</b>
None

Office use only

Initial approval September 16

APSC approval of modification October 19

Have any derogations received SQC approval?

Version 1

Yes  No

**Module Aims**

Students will begin clinical practice placements during this module. This will include working in placement and accruing client contact hours towards the required total of 100 clinical placement hours, once readiness and fitness for practice have been demonstrated.

Students will participate in clinical supervision external to the University as well as Clinical Practice Improvement (CPI) groups and develop their ability to critically reflect upon clinical practice and to utilise session recordings and transcripts to aid reflection on the efficacy of their developing ability to put theory into practice.

**Intended Learning Outcomes**

Key skills for employability

- KS1 Written, oral and media communication skills
- KS2 Leadership, team working and networking skills
- KS3 Opportunity, creativity and problem solving skills
- KS4 Information technology skills and digital literacy
- KS5 Information management skills
- KS6 Research skills
- KS7 Intercultural and sustainability skills
- KS8 Career management skills
- KS9 Learning to learn (managing personal and professional development, self-management)
- KS10 Numeracy

At the end of this module, students will be able to

Key Skills

1	Undertake a clinical counselling placement within which awareness and action regarding appropriate constraints relating to agency, institutional, and professional requirements including record keeping, and risk assessment are undertaken as they arise Once in class assessment of appropriate level of skill has been passed	2	8
2	Receive, reflect and act on feedback from peers and tutors about the strengths and areas for development of their professional casework / practice demonstrating effective and ethical working.	1	4
		10	
3	Utilise literature sources, personal experience, personal insight, and accurately transcribed recordings of counselling sessions to produce a transcript & session report of approximately 3000 words utilising standard punctuation and grammar and Harvard Style referencing.	5	6
4	With the aid of supervision, within agency and University policies and procedures and peer and tutor feedback determine how best to handle challenging issues arising	2	3
		7	8

within the therapeutic relationship, and to provide for their own support needs, and act accordingly.	9	
Transferable/key skills and other attributes		

**Derogations**

Credits shall be awarded by an Assessment Board for those modules in which all elements have been passed and a pass grade has been achieved. (Bachelor Degrees, Diplomas, Certificates and Foundation Degrees).

Not eligible for RP(E)L

**Assessment:**

Assessment one: The written coursework element of the assessment of reflective practice will include a partial transcript (20 minutes) of 50 minute audio and critique of client session with documented appropriate informed consent. The feedback gathered in the practical assessment is utilised to write a critical report including self-awareness of stronger and weaker areas of practice and the ability to identify professional and ethical issues and areas for development; to include ways to develop practice and personal development needs.

Additionally listening to recordings provides the ongoing opportunity to ensure that skills are employed in practice at appropriate levels and within professional and ethical obligations of a trainee on placement.

Attendance: attendance and participation are requirements of the course because they evidence the number of training hours received for potential future individual accreditation with professional bodies such as BACP.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)	Duration (if exam)	Word count (or equivalent if appropriate)
1	1,2,3,4	Coursework	100		3000
2		Attendance			

**Learning and Teaching Strategies:**

Community meeting / Home groups  
 Clinical supervision and practice development group  
 Audio recordings  
 Transcript and discussion  
 Independent reading and reflection  
 Optional Personal journal  
 Personal therapy/support activities as appropriate  
 Readiness to practice exercise (if not completed last term)  
 Clinical placement  
 Personal clinical supervision  
 Tutorials  
 Participation in personal development group

**Use of ICT:**

A Module Handbook and Virtual Learning environment (VLE)  
 The module will draw on published books, journals and web resources in the field.

**Syllabus outline:**

Ethics Groups  
 Practice Groups  
 Casework discussion groups

**Bibliography:**

**Essential reading**

Bond, T. (2010), *Standards and Ethics for Counselling in Action* 3rd edn London: Sage

Mearns, D. and Thorne, B. (2013), *Person-Centred Counselling In Action*. 4th edition.  
 London: Sage Publications Ltd

Mearns, D. & Cooper, M. (2005), *Working at Relational Depth in Counselling and Psychotherapy*. London. Sage.

Tudor, K (2008), *Brief Person-Centred Therapies*. London: SAGE

This book is available as an e-book. Please note that you will need to be logged in to Athens to access it. It should also be available in print in the library in Edward Llwyd Building, main campus:

*Electronic resources are made available via the VLE for each module. These include links to video clips, presentations and lecture / seminar handout as well as digitised texts where appropriate.*

**Other indicative reading**

BACP Ethical Framework available to download: [www.bacp.co.uk/ethical\\_framework/](http://www.bacp.co.uk/ethical_framework/)

Bor, R. & Watts, M. (2011), *The Trainee Handbook: A Guide for Counselling & Psychotherapy Trainees* 3rd edn. London. Sage

The module handbook will offer further suggested reading

**Relevant Journals**

**Websites**

<http://www.student.counselling.co.uk/links-source.html>  
[www.bacp.co.uk](http://www.bacp.co.uk)